

Resolutions For A Better You

How can you create a better version of yourself?

1. Lose Weight

How does sin weigh you down?

How can you get right with God?

2. Get Fit

Why is getting nourishment from God's word so important?

Why and how should you exercise yourself spiritually?

3. Be Less Stressed

Why is it important to put your focus in the right place?

Why should you let God's peace rule in your heart?

4. Do More Of What Really Matters

What should come first in your life?

Why should you live fully to God's glory?